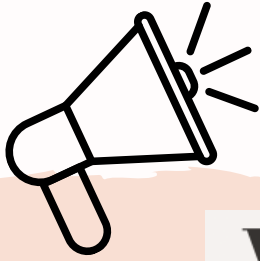


HMS COUNSELING DEPARTMENT

Anjelica Nichols - 6th Grade | Taylor Branson - 7th Grade | Hannah Roberts - 8th Grade
Umar Tate - All Grade Levels - College & Career Mentor



FOLLOW US ON SOCIAL MEDIA
@HOLSTONMIDDLE



WE:

- OWN OUR LEARNING
- FOLLOW FIRST REQUESTS
- STAND FOR TRUTH AND AUTHENTICITY
- EXCEED HOLSTON'S HIGH EXPECTATIONS



In this
newsletter...

HMS MANTRA

HOW YOU CAN REACH YOUR
STUDENT'S SCHOOL COUNSELOR
AND WAYS THAT WE CAN HELP!

GRADE LEVEL
COUNSELOR AND MENTOR
INTRODUCTIONS

HMS Mantra

2022-2023

Each year we adopt a special mantra that guides us through our year. It is read each day to students as a reminder in our morning announcements! At Holston, we strive to use these words to guide our decision making throughout each and every school day!

HOW CAN I REACH MY STUDENT'S COUNSELOR?



• PARENT REFERRAL FORM

- OUR ONLINE PARENT REFERRAL FORM IS LOCATED ON THE SCHOOL WEBSITE WWW.KNOXSCHOOLS.ORG/HOLSTONMS ON THE SCHOOL COUNSELING PAGE. THIS FORM ALLOWS YOU TO SUBMIT A NEED FOR YOUR STUDENT WHETHER THAT NEED IS ACADEMIC, SOCIAL EMOTIONAL OR ANYTHING IN BETWEEN.



• EMAIL AND PHONE

- PLEASE FEEL FREE TO EMAIL OR CALL YOUR STUDENT'S SCHOOL COUNSELOR - THEIR CONTACT INFO IS BELOW!



• SET UP A MEETING

- WE ARE ALSO AVAILABLE FOR YOU TO COME SPEAK WITH US IN PERSON OR VIA TEAMS. DROP US AN EMAIL OR A PHONE CALL TO SET UP A MEETING!



COLLEGE AND CAREER
QUESTIONS
HYGIENE ASSISTANCE
FOOD ASSISTANCE



SOCIAL EMOTIONAL NEEDS

CONFLICT WITH FRIENDS

ACADEMIC HELP

CLOTHING NEEDS

AND MORE!



WHAT KIND OF THINGS CAN MY STUDENT'S COUNSELOR HELP WITH?

holston middle school

Counseling

department



ANJELICA NICHOLS

6TH GRADE COUNSELOR

anjelica.nichols@knoxschools.org
865.594.1300

- GRADUATED FROM TENNESSEE WESLEYAN AND CAPELLA UNIVERSITY
- 3RD YEAR AT HOLSTON
- LEADS THE DIVERSITY CLUB AND COACHES VOLLEYBALL AT HOLSTON
- LOVES TO BAKE!



TAYLOR BRANSON

7TH GRADE COUNSELOR

taylor.branson@knoxschools.org
865.594.1300

- GRADUATED FROM THE UNIVERSITY OF TENNESSEE AT KNOXVILLE AND LINCOLN MEMORIAL UNIVERSITY
- 4TH YEAR AT HOLSTON MIDDLE
- PRODUCTION COORDINATOR FOR THE HOLSTON SHOW CHOIR
- LOVES DISNEY!



HANNAH ROBERTS

8TH GRADE COUNSELOR

hannah.roberts@knoxschools.org
865.594.1300

- GRADUATED FROM THE UNIVERSITY OF INDIANAPOLIS AND BUTLER UNIVERSITY
- 3RD YEAR AT HOLSTON
- LEADS PROJECT U AT HOLSTON
- LOVES TO TRAVEL AND BEING OUTDOORS!



WELCOME TO HMS, UMAR TATE!

Umar Tate has joined our team this year as our College and Career Mentor! He will be working with us this year to help instill college and career success strategies and skills in our students!
umar.tate@knoxschools.org



- LINDSEY WILSON COLLEGE B.A. COMMUNICATION COLUMBIA, KY
- 1ST YEAR AT HOLSTON
- HELPS COACH FOOTBALL AT POWELL HIGH SCHOOL
- LOVES TO WATCH FOOTBALL!